

NOODLE BOX NUTRITION GUIDE (PER 100G)

	Energy Kilojoules (KJ) per 100 grams	Protein (g)	Fat Total (g)	Fat Saturated (g)	Fat Trans (g)	Fat Polyunsaturated (g)	Fat Monounsaturated (g)	Carbohydrates Total (g)	Sugars (g)	Sodium (mg)
CLASSIC RANGE										
Hot Box	487	6.7	2.7	1.4	<0.1	0.1	1.2	14.5	4.2	430
Sweet Box	525	6.9	2.7	1.4	<0.1	0.1	1.2	17	5.6	400
Combo Box	548	7.3	3.1	0.9	<0.1	0.6	1.6	17.4	3.3	410
Nasi Box	716	6.4	3.4	0.9	<0.1	0.4	2	27.5	4.6	400
Singa Box	507	6.9	2.9	1.2	<0.1	0.1	1.6	15.5	4	360
KT Box	601	5.9	4.3	1.9	<0.1	0.1	2.3	18.7	5.6	650
Black Bean Box	551	6.3	3.1	0.5	<0.1	0.9	1.7	18.4	3.9	640
Teriyaki Chicken Box	555	8.4	2.9	0.8	<0.1	0.5	1.6	15.9	3.3	300
Mee Gee Box	537	6.5	2.3	0.7	<0.1	0.2	1.4	18.6	5.8	380
Seafood Nasi Box	569	5.2	2.2	0.5	<0.1	0.6	1.2	21.8	5.1	400
Honey Soy Chicken Box	577	7.1	3.9	0.9	<0.1	0.8	2.2	17.2	4.9	250
Gung Ho Soy Box	542	4.8	2.4	0.8	<0.1	0.1	0.5	20.9	4.4	410
Pad Thai Box	748	7.6	5.0	1.0	<0.1	0.9	3.1	25.5	6.8	780
Satay Chicken Box	607	7.0	4.5	1.0	<0.1	1.2	2.4	18.9	3.3	470
Luck-sa Box	423	6.0	4.5	1.5	<0.1	0.9	2.1	9.1	1.8	450
Seafood Luck-sa Box	396	5.0	3.8	1.2	<0.1	0.8	1.8	10	2.2	510
Thai Beef Salad Box	377	8.5	0.6	0.1	0.1	0.5	1.5	7.8	4.2	370
Thai Squid Salad Box	295	6.0	1.4	0.2	0.1	0.3	0.8	8.3	7.1	470

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GOURMET RANGE										
Black Duck Noodles	511	5.5	3	0.7	<0.1	0.7	1.6	18	2.1	230
Sambal	457	6.3	1	0.2	<0.1	0.3	0.5	18.4	1.5	180
Beef Rendang	638	10.6	5.1	2.7	<0.1	0.5	1.9	15.8	1.7	150
Dragon Wings	1310	24.1	19.5	6.3	0.1	4.9	8.2	10.4	3.1	460
WOK WONDERS										
Mongolian Beef Box	588	6.7	1.6	0.3	0.1	0.5	0.8	24.4	3.0	320
Black Pepper Chicken Box	550	6.1	2.5	0.4	0.1	0.7	1.4	20.8	2.1	240
Sweet and Sour Box	611	6.3	2.4	0.4	0.1	0.7	1.3	24.4	6.5	190
Fried Rice Box	656	5.9	3.9	0.8	0.1	0.9	2.2	24.2	3.0	470
SIDES										
Dim Sims	756	7.0	6.5	1.8	<0.1	1.4	3.2	23.3	2.3	370
Spring Rolls	1200	4.9	16.3	3.3	<0.1	3.8	9.2	30.5	4.4	470
Salt & Pepper Squid	1020	13.7	13.8	1.4	<0.1	3.8	8.6	16.5	0.7	800
Chicken Satay Skewers	996	18.7	14.8	4.1	<0.1	2.7	7.9	7.7	4.6	570
Prawn Crackers	2430	0.4	38.9	3.5	<0.1	10.5	24.9	58.1	2.5	700
Chocolate Mousse	1550	3.0	33.4	23.6	n/a	n/a	n/a	15.4	14.3	39

NOODLE BOX SERVING SIZES

Small Box – 410g | Regular Box – 710g

GOURMET BOXES

Sambal – 434g
Beef Rendang – 570
Dragon Wings – 220g
Black Duck Noodles – 500g

SIDES

Salt & Pepper Squid – 90g
Dim Sims & Spring Rolls – 200g (2 pieces)
Chicken Satay Skewers – 130g (1 piece)



NOODLE BOX™